



Without a Shell

By Gurustu



Life is filled with many shells. Turtles have shells. Acorns have shells. Even people have a soft shell, that we call "skin." It's there for our protection... to protect the more vulnerable insides. However, shells don't let us grow very much (an extra five pounds from Holiday stuffing notwithstanding).

An acorn can only become a mighty oak until after it has let go of its shell. We need to let go in order to become who we truly are meant to be.

There's pain under there

If you've ever cut yourself, you know how painful it is just beneath the surface. That's often why we become afraid to let anything get under our skin.

When we start to care about someone else, we let them in under our skin... that opens us up to be hurt. That's why after a hurt, we often regrow that shell even harder and refuse to let anyone else do that again.

There's pleasure below that

That's why we get into love in the first place, because underneath the layer of pain is great joy. It's closer to our core... and at our core is the purest form of energy...

There's Love below that

Our inner most being, the center that makes us what we are, is Love. A very real Energy=Mega-C² power that we witness when two people get close enough to send the sparks between them; a light that we see when we're brave enough to go deeper than our fear will let us.

It is dangerous, but...

To let go of the shell can be pretty scary... to live without it might seem absurd... but to truly have Love; to truly BE Love... we must live without it.

We're actually stronger without it

Living with a shell allows us to grow weaker inside. When the weakest part of us is strong enough to withstand anything; we're invincible to take on an endless future.

Just... let... go.